Motivational Interviewing is a clinical tool that can be applied to all pharmaceutical care. Health care professionals may unintentionally make assumptions about why patients are not adherent to their medication or treatment regimen. The interviewing process uncovers a patient’s desire, need, and reasons for change or ambivalence towards change. In this course, pharmacists will learn the basic principles and skills of motivational interviewing as well as strategies for implementation. This introduction to motivational interviewing provides realistic case examples and sample dialogue so pharmacists can integrate motivational interviewing into practice.

**Learning Objectives**

At the end of this module on motivational interviewing, the pharmacist will be able to:

1. List the 4 main principles of motivational interviewing;
2. Identify the 4 skills necessary to implement motivational interviewing;
3. Describe potential barriers with implementing motivational interviewing; and
4. Identify specific strategies to enhance behavior change in three populations: low literacy, children, and medically complex adults.
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